

Infant Developmental Movement Education

Body-Mind Centering® (BMC) Certification Courses



IDME

Infant Developmental Movement Education



blends a deep understanding of the first year movement sequences with skillful handling practices.

The IDME Body-Mind Centering® courses offer an exploration

of the senses and how they influence the emergence of first-year developmental milestones.

Our courses teach participants how to recognize developmental movement patterns and support a baby's efforts from nursing to walking for optimal brain and body development.

Participants learn the developmental patterns that influence infants and adults alike. The IDME material is therefore applicable to licensed therapists interested in understanding and utilizing developmental movement patterns for injury prevention and rehabilitation with children and adults.

Who should attend?

- those who want to apply developmental movement principles to education, rehabilitation, and the arts
- those who want to work with infants and toddlers
- parents, grandparents, and nannies
- occupational, physical, dance, and movement therapists
- midwives, doulas, and doctors
- caregivers, daycare workers, and teachers

IDME Certification Program

Required Level 1 Certificate Courses

Basic Neurocellular Patterns of Movement

July 13-20, 2012

Senses & Perceptions

July 23-26, 2012

Primitive Reflexes, Righting Reactions, and Equilibrium Responses

July 29-August 4, 2012

Embryological & Ontogenetic Development

August 7-12, 2012

Required Level 2 Certificate Courses

with Bonnie Bainbridge Cohen

Movement Observation Skills - IDME 1

2013 Date/location TBA

Movement Facilitation Skills - IDME 2

2014 Date/location TBA

IDME Level 1 courses will begin again July 2014.

Enroll in this 250 hour certification program or in a single Level 1 course. Contact us at: www.BMC-NC.com or 919.286.7688 ext. 7



Body-Mind Centering® in North Carolina
sponsored by

Kinesthetic Learning Center

An Approved Provider of NCBTMB and
AOTA Continuing Education

Licensed by Bonnie Bainbridge Cohen

Courses held on Duke University campus, Durham, NC
Course descriptions, travel, housing, apply and register at:

www.BMC-NC.com